



Hatching Dragons
Education for a new world

**POSITIVE
FEELING**

ABSORBED

really focused on
something you enjoy

ADVENTUROUS

Excited to try new things.

AFFECTIONATE

Showing love and care.

ALERT

Awake and noticing
everything.

ALIVE

Full of energy.

AMAZED

Surprised in a
wonderful way.

AMUSED

Finding something funny.

ANIMATED

Full of life and movement.

APPRECIATIVE

Thankful for something.

ARDENT

Showing strong feelings.

AROUSSED

Feeling stirred up
with strong energy.

ASTONISHED

Very surprised.

BLISSFUL

Completely happy
and calm.

BREATHLESS

So excited or surprised you
almost forget to breathe

BUOYANT

Light-hearted and cheerful.

CALM

Peaceful inside.

CAREFREE

Relaxed, with no worries.

CHEERFUL

Happy and smiling.

COMFORTABLE

Feeling cozy and at ease

COMPLACENT

Satisfied and not worrying.

COMPOSED

Calm and in control.

COMPLACENT

Satisfied and not worrying.

CONCERNED

Caring about what happens.

CONFIDENT

Believing in yourself.

CONTENTED

Pleased with what you have.

COOL

Relaxed and not upset.

CURIOUS

Wanting to know more.

DAZZLED

Amazed by something
bright or wonderful.

DELIGHTED

Very happy.

EAGER

Really wanting to do something.

EBULLIENT

Lively and full of excitement.

ECSTATIC

Extremely happy.

EFFERVESCENT

Bubbly and excited,
like soda fizz

ELATED

Joyful and proud.

ENCHANTED

Feeling like you are under
a magical spell of happiness.

ENCOURAGED

Supported and given hope.

ENERGETIC

Full of energy.

ENGROSSED

Fully interested and
paying attention.

ENLIVENED

Made brighter or more lively.

ENTHUSIASTIC

Very excited
about something.

EXCITED

Happy and full of energy

EXHILARATED

Thrilled and full of joy.

EXPANSIVE

Open and free in spirit.

EXPECTANT

Waiting with hope.

EXULTANT

Very proud and joyful.

FASCINATED

Really interested

FREE

Feeling able to do
what you want.

FRIENDLY

Kind and nice to others.

FULFILLED

Happy because your
wishes came true.

GLAD

Pleased and happy

GLEEFUL

Very happy, often
playfully so.

GLORIOUS

Wonderful and shining.

GLOWING

Happy and healthy-looking.

GOOD-HUMORED

Cheerful and kind.

GRATEFUL

Thankful for what you have.

GRATIFIED

Pleased because
something went well.

HAPPY

Feeling good inside

HELPFUL

Wanting to do
things for others.

HOPEFUL

Believing good things
will happen

INQUISITIVE

Curious and wanting to learn.

INSPIRED

Filled with a great
idea or feeling.

INTENSE

Very strong in feelings

INTRIGUED

Curious and drawn in

INVIGORATED

Refreshed and full of energy

INVOLVED

Part of something important

JOYFUL

Full of happiness

JOYOUS

Full of happiness

JUBILANT

Very happy, often
after success.

KEYED-UP

Excited and full of energy

LOVING

Full of love and kindness.

MELLOW

Calm and gentle.

MERRY

Happy and playful.

MIRTHFUL

Full of laughter.

PEACEFUL

Calm and quiet inside

PERKY

Cheerful and lively

PLEASANT

Nice and enjoyable

PLEASED

Happy with how
something turned out.

PROUD

Glad about what you
or others achieved

QUIET

Calm and still.

RADIANT

Shining with happiness

RAPTUROUS

Extremely joyful

REFRESHED

Feeling new and
full of energy again

RELAXED

Calm and free from stress

RELIEVED

Glad that a worry is over.

SATISFIED

Happy with what you have.

SECURE

Safe and protected

SENSITIVE

Caring and gentle
about feelings

SERENE

Peaceful and calm

SPELLBOUND

Amazed and unable
to look away

SPLENDID

Wonderful and excellent.

STIMULATED

Excited and interested

SURPRISED

Feeling something
unexpected.

TENDER

Gentle and caring.

THANKFUL

Grateful for what you have

THRILLED

Very excited and happy

TOUCHED

Moved with kindness or love

TRANQUIL

Calm and peaceful

TRUSTING

Believing that things
and people are safe

UPBEAT

Cheerful and positive

WARM

Kind and loving.

WIDE-AWAKE

Fully awake and alert

WONDERFUL

Very good and delightful

ZESTFUL

Full of energy and
enthusiasm